

CW BOYS TRACK HONOR ROLL



State Champions in bold

@ Time recorded at the State Meet. Fully automatic timing/times recorded in hundredths

Best time/distance recorded prior to the State Meet

*Times converted from English to Metric

Running Events:

100m Dash

Place	Name	Time	Year
1	Tyler Huiras	10.8	2005
	Josh Monson	10.8	1991
3	Jesse Wendt	10.9	1998
	Mike Johnson	10.9	1988
	Greg Johnson	10.9#	1985
6	Dustin Thompson	11.0#	2001
	Mike Otten	11.0*	1966
8	Tyler Monnier	11.08	2023
9	Kevin Buck	11.1#	2003
	Karl Murch	11.1*	1973

800m Run

Place	Name	Time	Year
1	Paul Hetke	1:57.16@	2008
2	Marshall Donnerbauer	1:59.4	1995
3	Matt Johnson	2:00.9	1986
4	Rick Meskers	2:01.2	1984
5	Job Meijer	2:01.3	2001
6	John Gasper	2:01.6	1997
	Glenn Foust	2:01.6	1973
8	Brandon Books	2:02.25	2015
9	Al Severude	2:02.3	1984
10	Chris Seever	2:02.5	1990

200m Dash

Place	Name	Time	Year
1	Ashton Kummet	22.39#	2022
2	Greg Johnson	22.4#	1985
3	Travis Monnier	22.47#	2015
4	Mike Johnson	22.70@	1988
	Jesse Wendt	22.7	1999
	Tyler Huiras	22.7	2004
7	Carter Kummet	22.71#	2022
8	Tyler Monnier	22.77	2023
9	Dustin Thompson	22.9	2001
	Pat Lancette	22.9*	1977

1600m Run

Place	Name	Time	Year
1	Paul Hetke	4:19.11@	2008
2	Joe Donnerbauer	4:19.66@	2000
3	Marshall Donnerbauer	4:19.8#	1995
4	Chris Seever	4:21.05@	1990
5	Al Severude	4:23.64@	1984
6	Matt Johnson	4:28.6	1986
7	Koll Fjelstad	4:29.7	1984
8	Brandon Books	4:30.63#	2015
9	Eric Fjelstad	4:36.0	1985
10	Cheyenne Christianson	4:36.7	1988

400m Dash

Place	Name	Time	Year
1	Jesse Wendt	50.63@	1999
2	Jay Riewestahl	50.9	1984
3	Ian Yenter	50.96@	2007
4	Darren Murphy	51.3	1985
5	Bill Knickerbocker	52.2	1997
6	Quinn McFaul	52.29	2012
7	Korey Buck	52.30	2008
8	Mike McFarlane	52.4	1997
	Kirk Haugestuen	52.4*	1978
10	Matt Koenitzer	52.48	2018

3200m Run

Place	Name	Time	Year
1	Al Severude	9:18.17@	1984
2	Joe Donnerbauer	9:22.98@	2000
3	Marshall Donnerbauer	9:33.78@	1995
4	Chris Seever	9:34.77@	1990
5	Koll Fjelstad	9:45.77@	1984
6	Eric Fjelstad	9:46.2	1987
7	Cheyenne Christianson	9:57.7	1988
8	Ryan Hill	10:04.2	1995
9	Josh Christianson	10:13.4	1998
10	Paul Hetke	10:13.96	2008

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110m High Hurdles

Place	Name	Time	Year
1	Andy Adams	14.7	1986
2	Ed Bonkoski	14.9	1969
3	Lawson Davis	14.98@	2023
4	Zeb Holder	14.99@	1998
5	Rod Crase	15.2	1975
6	Jeff Schindler	15.8	1990
7	Jordan West	15.87	2010
8	Derek Buchman	16.03#	2015
9	Walker Olson	16.16	2014
10	Tony Otto	16.2	2003
	Rob Vork	16.2	1996

Pole Vault

Place	Name	Height	Year
1	Joseph Jensen	13-07#	2021
2	Kyle Hanson	13-06 #	2011
	Tim Fults	13-06	1978
4	Jason Lambert	12-09	1995
5	Derek Buchman	12-06#	2016
	Ryan Hanson	12-06	2016
	Mike Hanson	12-06	1984
	Jim Parrish	12-06	1987
9	Jake Wardon	12-00	2006
	Mike Waite	12-00	1992
	Phil England	12-00	1981
	Tom Anderson	12-00	1981

300m IM Hurdles

Place	Name	Time	Year
1	Andy Adams	39.1#	1986
2	Zeb Holder	40.7	1998
3	Josh Amys	41.00#	2011
4	Derek Buchman	41.05#	2016
5	Rob Vork	41.7	1996
6	Pete Nyhus	42.2	1986
7	Jordan West	42.7	2010
8	Ethan Bowe	42.71#	2021
9	Lawson Davis	43.04	2022
10	Reece Flatland	43.33	2012

Triple Jump

Place	Name	Distance	Year
1	Lawson Davis	45-0.75#	2023
2	Andy Adams	45-0#	1986
3	Walker Olson	42-2#	2014
4	Dawson Davis	41-4.5	2017
5	Tyler Huiras	41-3	2005
6	Greg Johnson	40-8	1984
7	Jeff Schindler	40-5.5	1990
8	Ryan Robarge	40-3	2000
9	Geoffrey Snyder	39-9.5	2010
10	Jared Taft	39-8	2009

Field Events:

High Jump

Place	Name	Height	Year
1	Lawson Davis	6-07#	2023
2	Walker Olson	6-05#	2014
3	Mitch Westberg	6-04#	2004
4	Pete Nyhus	6-03	1986
	Andy Adams	6-03	1985
6	Victor Martinez	6-02#	2016
	Dave Jennings	6-02	1989
	Chuck Harriman	6-02	1976
	Mark Diers	6-02	1970
10	Zeb Holder	6-01	1998
	Carl Olson	6-01	1982

Long Jump

Place	Name	Distance	Year
1	Lawson Davis	22-03.5#	2023
2	Jesse Wendt	22-00.5	1998
3	Mark Diers	21-06	1970
4	Walker Olson	21-05.25#	2014
5	Tyler Huiras	21-01	2004
6	Korey Buck	20-08.75@	2008
7	Andy Muermann	20-05	2000
	Marius Hall	20-05	1976
9	Sam Motzer	20-04.5	1998
10	Elliot Waterhouse	20-02	2007

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Shot Put

Place	Name	Distance	Year
1	Brian Campbell	58-11#	1976
2	Dave Warner	51-09.5	1977
3	Tony Calkins	50-10	1993
4	Dillon Richardson	48-10#	2017
5	Tom Schaaf	48-09	1980
6	Karl Damroth	47-06.5#	2005
7	Caleb Novak	46-10	2010
8	Jake Konvicka	46-07.75	2019
9	Bill Warner	46-06	1969
10	Mike Ludwigson	46-03	2010

Discus

Place	Name	Distance	Year
1	Brian Campbell	168-05	1976
2	Mike Ludwigson	155-08	2010
3	Dillon Richardson	151-04#	2017
4	Mel Madison	146-01	1968
5	Mark Warner	144-10	1973
6	Nate Nicholson	138-03	2008
7	Caleb Novak	134-08	2010
8	Bill Vlcek	133-05	1987
9	Nathan Vlcek	133-03	1995
10	Tom Schaaf	132-09	1982

Relays:

400m Relay

Place	Names	Time	Year
1	Carter Kummet, Tristan Wendt, Tyler Monnier, Ashton Kummet	43.19@	2022
2	Carter Kummet, Ethan Bowe, Tyler Monnier, Ashton Kummet	44.16@	2021
3	Jonny Chamberlain, Sean Kositzka, Derek Buchman, Travis Monnier	44.58#	2014
4	Kyle Hetke, Nick deWerd, Jared Taft, Turner Olson	44.59@	2009
5	Mike McFarlane, Sam Motzer, Brad Knickerbocker, Jesse Wendt	44.8	1998
6	Kyle Hetke, Trevor Mickelson, Turner Olson, Korey Buck	44.92#	2008
7	Daniel Chuchwar, Darryl Williams, Derek Buchman, Brett Knowlton	44.93	2016
8	Levi Chamberlain, Carter Hanson, Carter Buchman, Brody Meskers	44.96#	2019
9	Dillan Holmstrom, Nick deWerd, Kyle Hanson, Turner Olson	45.01@	2010
10	Tony Otto, Sam Wedge, Matt Davis, Kevin Buck	45.1	2003

800m Relay

Place	Names	Time	Year
1	Carter Kummet, Tyler Monnier, Tristan Wendt, Ashton Kummet	1:29.45@	2022
2	Carter Kummet, Joseph Jensen, Tristan Wendt, Ashton Kummet	1:33.21@	2021
3	Quinn McFaul, Kyle Hanson, Turner Olson, Kreg Ziarnik	1:33.88	2011
4	Brody Meskers, Ashton Kummet, Carter Hanson, Carter Buchman	1:34.78#	2019
5	Dillan Holmstrom, Nick deWerd, Quinn McFaul, Turner Olson	1:34.88	2010
6	Korey Buck, Jake Jennings, Ian Yenter, Adam Gustafson	1:34.89	2006
7	Daniel Chuchwar, Carter Hanson, Carter Buchman, Brody Meskers	1:35.02	2018
8	Elliot Waterhouse, Jake Jennings, Ian Yenter, Kyle Hetke	1:36.12	2007
9	Daniel Chuchwar, Brody Meskers, Dawson Davis, Darryl Williams	1:36.22	2017
10	Josiah Morris, Hunter Flor, Darryl Williams, Dawson Davis	1:36.70	2016

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1600m Relay

Place	Names	Time	Year
1	Josh Amys, Quinn McFaul, Ryan Hetke, Kreg Ziarnik	3:26.66@	2011
2	Greg Johnson, Nick Nelson, Rick Meskers, Jay Riewestahl	3:28.6	1984
3	Greg Johnson, Nick Nelson, Matt Johnson, Darren Murphy	3:28.83@	1985
4	Mike McFarlane, Brad Knickerbocker, Sam Motzer, Jesse Wendt	3:29.1	1998
5	Darryl Williams, Matt Koenitzer, Dawson Davis, Brody Meskers	3:30.42#	2017
6	Josh Amys, Quinn McFaul, Kreg Ziarnik, Nick deWerd	3:32.12	2010
7	Jake Jennings, Adam Gustafson, Corey Buck, Ian Yenter	3:32.40	2006
8	Cal Polzin, Keith Phillips, Pat Lancette, Kirk Haugestuen	3:33.2	1977
9	Dave Walgrave, Bill Knickerbocker, Jesse Wendt, Mike McFarlane	3:33.4	1997
10	Matt Koenitzer, Carter Hanson, Joseph Jensen, Brody Meskers	3:34.05#	2018

3200m Relay

Place	Names	Time	Year
1	John Gasper, Josh Christianson, Bill Knickerbocker, Mike McFarlane	8:16.4#	1997
2	Jeshaiah Snyder, Chris Anderson, Chase Riewestahl, Brandon Books	8:18.56@	2014
3	Joe Donnerbauer, Josh Christianson, Nate Weldon, Mike McFarlane	8:31.6	1998
4	Chris Anderson, Adam Nichols, Colt Christianson, Chris Seever	8:32.9	1990
5	John Gasper, Bill Knickerbocker, Jason Erb, Josh Christianson	8:35.1	1996
6	Chris Anderson, Tim Corbin, Jim Hentz, Adam Nichols	8:52.0	1991
7	Jim Hentz, Dustin Davis, Tim Corbin, Adam Nichols	8:59.0	1993
8	Brandon Books, Chris Anderson, Chase Riewestahl, Taylor Gilbertson	8:59.11	2012
9	Josiah Morris, Greg Anderson, Matt Koenitzer, Jeshaiah Snyder	9:00.65	2015
10	Tim Corbin, Bill Ager, Adam Nichols, Derek Frodl	9:03.5	1992